

## Benefits Enrolment Packet (Group 145H) RASPA

**Open Enrollment November 7th – November 18th** 

### **OPEN ENROLLMENT CHECKLIST**

Review your benefit packet before making your selections.

 If you decide to keep the same benefits as last year, you do not need to make benefit elections. Your options will slide to the new plan automatically. Although Open Enrollment can be a great time to update your beneficiaries and address through the MESSA Member Portal Website.

✓ Visit the <u>MESSA</u> website (<u>https://secure.messa.org/MemberPortal/Login</u>) and select Open Enrollment to select your 2023 benefits. Open Enrollment User Guide instructions included in this packet.

✓ If you are eligible and elect to Opt Out of medical insurance to receive the monthly stipend incentive, you must complete the Health Benefit Opt Out Form found in this packet. You will also need to provide supporting documentation as required.\*

#### MESSA will not show the hourly employees' cost share amount as it is dependent on the number of hours you work. Please refer to cost share amounts in this packet.

\*All completed forms and supporting documentation are due to the RCS Benefits Coordinator's office within thirty (30) days of your benefits eligibility date, to ensure timely processing of your benefits and payroll deductions. Forms and supporting documentation can either be dropped off at the Business Services Office, mailed, or emailed accordingly:

Romeo Community Schools Business Services Department 316 N. Main St. Romeo, MI 48065

employeebenefits@romeok12.org

#### **RASPA**

#### MESSA Group: 145H Assistant Support Personnel

Library Aide, Teaching Assistant, Paraprofessional

С	Option A: With Medical Coverage		Option B: Without Medical Coverage						
Medical	MESSA Choices MESSA Choices 20% Coinsurance MESSA ABC Plan 1 MESSA ABC Plan 1 20% Coinsurance MESSA ABC Plan 2 All Plans with Basic Term Life \$5,000		Medical	Cash in Lieu of Medical Coverage: \$300.00 (Full Time) Part Time: Prorated					
*Dental	Dental 80/80/80/80		*Dental	Dental 100/90/90/90					
*Vision	VSP 3 G		*Vision	VSP 3 G					

	NIS - National Insurance Services											
	With Medical Coverage		Without Medical Coverage									
Life	Greater than 25 hrs/week: \$40,000 Less than 25 hrs/week: \$20,000			Greater than 25 hrs/week: \$60,000 Less than 25 hrs/week: \$20,000								
Dependent Life	No Dependent Life		Dependent Life	\$10,000/\$5,000								
AD&D	Greater than 25 hrs/week: \$40,000 Less than 25 hrs/week: \$20,000			Greater than 25 hrs/week: \$60,000 Less than 25 hrs/week: \$20,000								
LTD	66 2/3% Max \$5,000		LTD	66 2/3% Max \$5,000								

Eligibility: 8 hours (5 days a week)

District Share: 85%

Employee Share: 15%

Less than 8 hrs greater than 6 hrs. (5 days a week)

District Share: 67%

Employee Share: 33%

6 hrs or less, but at least 5 hrs. (5 days a week)

District Share: 45%

Employee Share: 55%

Employees hired prior to June 1, 2010, please refer to your CBA for Grandfathered Contribution rates

\*Please note that Dental and Vision plan year has changed to January thru December

MESSA will not show an hourly employee's cost share amount as it is dependent on the number of hours you work. Please refer to the cost share amounts shown below and on the subsequent pages:

40.00% \$

60.00%

(5 days/week)

						1							
	Medical - RASPA 145H - Single												
2023 Annua	l Hard Cap		\$	7,399.47	\$	7,399.47	\$	7,399.47	\$	7,399.47	\$	7,399.47	
2023 Month	ly Hard Cap		\$	616.62	\$	616.62	\$	616.62	\$	616.62	\$	616.62	
SINGLE COVERAGE				MESSA Choices \$500/\$1000 w/ Co Insurance		MESSA ABC Plan 1 \$1500/\$3000		\$1500/\$3000		\$1500/\$3000		00 MESSA ABC	
				Monthly		Monthly		Monthly		Monthly		Monthly	
Hours Per Day	District % of	Employee %		Premium		Premium		Premium		Premium	Premium		
Hours Per Day	Сорау	of Copay	\$	750.51	\$	668.50	\$	660.21	\$	598.31	\$	617.21	
						E	mp	ployee Cost Shar	e				
Employees receiving distri	ct medical insu	rance, or emplo	oye	d by the district	t in a	iny capacity, af	ftei	r June 1, 2010, v	vill	share in the cos	t acc	ordingly:	
8 hours													
(5 days/week)	85.00%	15.00%	\$	226.38	\$	144.37	\$	136.08	\$	92.49	\$	93.08	
<8, but >6													
(5 days/week)	67.00%	33.00%	\$	337.37	\$	255.36	\$	247.07	\$	203.48	\$	204.07	
6 or less, but at least 5													
(5 days/week)	45.00%	55.00%	\$	473.03	\$	391.02	\$	382.73	\$	339.14	\$	339.73	
Grandfathered: Employees receiving district medical insurance, or employed by the district in any capacity, as of June 1, 2010, are grandfathered under contribution rates effective the 2004-2007 contract and will share in the cost accordingly:													
6 but less than 8													
(5 days/week)	82.00%	18.00%	\$	244.88	\$	162.87	\$	154.58	\$	110.99	\$	111.58	
5 but less than 6													

\$

380.54

\$

298.53

\$

290.24

\$

247.24

246.65

		Medio	al	- RASPA 14	5H	- Two Pers	on	1					
2023 Annua	Hard Cap		\$	15,474.60	\$	15,474.60	\$	15,474.60	\$	15,474.60	\$	15,474.60	
2023 Monthl	y Hard Cap		\$	1,289.55	\$	1,289.55	\$	1,289.55	\$	1,289.55	\$	1,289.55	
TWO PERSON			MESSA Choices \$500/\$1000 W/ Co Insurance				ESSA ABC Plan 1 \$1500/\$3000	MESSA ABC Plan 1 \$1500/\$3000 w/ Co Insurance			5SA ABC Plan 2 2000/\$4000		
				Monthly		Monthly		Monthly		Monthly		Monthly	
Hours Per Day	District % of	Employee %	Premium Premium				Premium		Premium		Premium		
nouis rei Day	Сорау	of Copay	\$	1,688.65	\$	1,504.14	\$	1,485.47	\$	1,346.19	\$	1,388.71	
				Employee Cost Share									
Employees receiving distric	t medical insu	rance, or emplo	oyed	d by the district	t in a	ny capacity, af	fter	r June 1, 2010, v	vill s	hare in the cos	t ac	cordingly:	
8 hours													
(5 days/week)	85.00%	15.00%	\$	592.53	\$	408.02	\$	389.35	\$	250.07	\$	292.59	
<8, but >6													
(5 days/week)	67.00%	33.00%	\$	824.65	\$	640.14	\$	621.47	\$	482.19	\$	524.71	
6 or less, but at least 5													
(5 days/week)	45.00%	55.00%	\$	1,108.35	\$	923.84	\$	905.17	\$	765.89	\$	808.41	
Grandfathered: Employees red	Grandfathered: Employees receiving district medical insurance, or employed by the district in any capacity, as of June 1, 2010, are grandfathered under contribution rates effective the 2004-2007 contract and will share in the cost accordingly:												
6 but less than 8													
(5 days/week)	82.00%	18.00%	\$	631.22	\$	446.71	\$	428.04	\$	288.76	\$	331.28	
5 but less than 6													
(5 days/week)	60.00%	40.00%	\$	914.92	\$	730.41	\$	711.74	\$	572.46	\$	614.98	

\*\*Anyone who works less than 12 months will get 12 months of insurance premiums spread over the number of pays they will receive in that school year.

MESSA will not show an hourly employee's cost share amount as it is dependent on the number of hours you work. Please refer to the cost share amounts shown below and on the subsequent pages:

	Medical - RASPA 145H - Full Family											
2023 Annua	l Hard Cap		\$	20,180.43	\$	20,180.43	\$	20,180.43	\$	20,180.43	\$	20,180.43
2023 Monthl	y Hard Cap		\$	1,681.70	\$	1,681.70	\$	1,681.70	\$	1,681.70	\$	1,681.70
FULL FAMILY			MESSA Choices \$500/\$1000 w/ Co Insurance		M	IESSA ABC Plan 1 \$1500/\$3000	1 MESSA ABC Plan 1 \$1500/\$3000 w/ Co Insurance		00 MESSA AB			
House Doy Dou	District % of Employee %			Monthly Premium		Monthly Premium		Monthly Premium		Monthly Premium	Monthly Premium	
Hours Per Day	Сорау	of Copay	\$	2,101.44	\$	1,871.82	\$	1,848.59	\$	1,675.26	\$	1,728.19
						E	mp	oloyee Cost Shar	e			
Employees receiving distric	ct medical insu	rance, or emplo	oyec	l by the distric	t in a	ny capacity, af	fte	r June 1, 2010, v	vills	share in the cos	st ac	cordingly:
8 hours												
(5 days/week)	85.00%	15.00%	\$	671.99	\$	442.37	\$	419.14	\$	252.26	\$	298.74
<8, but >6												
(5 days/week)	67.00%	33.00%	\$	974.70	\$	745.08	\$	721.85	\$	554.96	\$	601.45
6 or less, but at least 5												
(5 days/week)	45.00%	55.00%	\$	1,344.67	\$	1,115.05	\$	1,091.82	\$	924.94	\$	971.42
Grandfathered: Employees receiving district medical insurance, or employed by the district in any capacity, as of June 1, 2010, are grandfathered under contribution rates effective the 2004-2007 contract and will share in the cost accordingly:												
6 but less than 8												
(5 days/week)	82.00%	18.00%	\$	722.44	\$	492.82	\$	469.59	\$	302.71	\$	349.19
5 but less than 6												
(5 days/week)	60.00%	40.00%	\$	1,092.42	\$	862.80	\$	839.57	\$	672.68	\$	719.17

\*\*Anyone who works less than 12 months will get 12 months of insurance premiums spread over the number of pays they will receive in that school year.

#### MESSA In-Network Plan Comparison - Effective 1/1/2023 Romeo Community Schools - All Employees

	MESSA Choices \$500/\$1,000 0% 3-Tier Rx	MESSA Choices \$500/\$1,000 20% 3-Tier Rx	MESSA ABC Plan 1 \$1,500/\$3,000 HSA 0% 3-Tier Rx	MESSA ABC Plan 1 \$1,500/\$3,000 HSA 20% 3-Tier Rx	MESSA ABC Plan 2 \$2,000/\$4,000 HSA 0% 3-Tier Rx
In-Network Cost Sha	are After Deductible				
Deductible	\$500/\$1,000	\$500/\$1,000	\$1,500/\$3,000	\$1,500/\$3,000	\$2,000/\$4,000
Coinsurance	0%	20%	0%	20%	0%
Blue Cross online visit copay/coinsurance	\$20	\$20	0%	20%	0%
Office visit copay/coinsurance	\$20	\$20	0%	20%	0%
Specialist visit copay/coinsurance	\$20	\$20	0%	20%	0%
Urgent care copay/coinsurance	\$25	\$25	0%	20%	0%
Emergency room copay/coinsurance	\$50	\$50	0%	20%	0%
Total out-of-pocket maximum	\$3,500/\$7,000	\$4,500/\$9,000	\$3,500/\$7,000	\$4,500/\$7,500	\$4,000/\$7,500
Certain Benefit Diffe	erences				
Chiropractic manipulations	Up to 38 visits per calendar year, including therapeutic massage; Covered 100% after deductible; \$20 office visit copay may apply	Up to 38 visits per calendar year, including therapeutic massage; Covered 80% after deductible; \$20 office visit copay may apply	Up to 38 visits per calendar year, including therapeutic massage; Covered 100% after deductible	Up to 38 visits per calendar year, including therapeutic massage; Covered 80% after deductible	Up to 38 visits per calendar year, including therapeutic massage; Covered 100% after deductible
Osteopathic manipulations	Up to 38 visits per calendar year; Covered 100% after deductible; \$20 office visit copay may apply	Up to 38 visits per calendar year; Covered 80% after deductible; \$20 office visit copay may apply	Up to 38 visits per calendar year; Covered 100% after deductible	Up to 38 visits per calendar year; Covered 80% after deductible	Up to 38 visits per calendar year; Covered 100% after deductible
Outpatient physical, occupational and speech therapy	Up to a combined 60 visits per calendar year; Covered 100% after deductible	Up to a combined 60 visits per calendar year; Covered 80% after deductible	Up to a combined 60 visits per calendar year; Covered 100% after deductible	Up to a combined 60 visits per calendar year; Covered 80% after deductible	Up to a combined 60 visits per calendar year; Covered 100% after deductible
Bariatric surgery	Covered 100% after deductible	Covered 80% after deductible	Covered 100% after deductible	Covered 80% after deductible	Covered 100% after deductible
Acupuncture	Covered 100% after deductible	Covered 80% after deductible	Covered 100% after deductible	Covered 80% after deductible	Covered 100% after deductible
Hearing aids	Covered 100% up to a maximum benefit after deductible	Covered 80% up to a maximum benefit after deductible	Covered 100% up to a maximum benefit after deductible	Covered 80% up to a maximum benefit after deductible	Covered 100% up to a maximum benefit after deductible

#### MESSA In-Network Plan Comparison - Effective 1/1/2023 Romeo Community Schools - All Employees

	MESSA Choices         MESSA Choices           \$500/\$1,000 0%         \$500/\$1,000 2           3-Tier Rx         3-Tier Rx		0% 3-Tier Rx	20% 3-Tier Rx	MESSA ABC Plan 2 \$2,000/\$4,000 HSA 0% 3-Tier Rx
Prescription Drugs	3-Tier Rx	3-Tier Rx	3-Tier Rx (after deductible)	3-Tier Rx (after deductible)	3-Tier Rx (after deductible)
34-day supply				-	
Generic drug	\$10	\$10	Free or \$10	Free or \$10	Free or \$10
Preferred brand drug	20% coinsurance (\$40 min - \$80 max)	20% coinsurance (\$40 min - \$80 max)	Free or 20% coinsurance (\$40 min - \$80 max)	Free or 20% coinsurance (\$40 min - \$80 max)	Free or 20% coinsurance (\$40 min - \$80 max)
Non-preferred brand drug	(S60  min - S100    (S60  min - S100		20% coinsurance (\$60 min - \$100 max)	20% coinsurance (\$60 min - \$100 max)	20% coinsurance (\$60 min - \$100 max)
90-day supply				•	
Generic drug, Preferred brand drug, Non-preferred brand drug	2.5x copay of applicable 34-day supply; Available via retail or mail order	2.5x copay of applicable 34-day supply; Available via retail or mail order	2.5x copay of applicable 34-day supply; Available via retail or mail order	2.5x copay of applicable 34-day supply; Available via retail or mail order	2.5x copay of applicable 34-day supply; Available via retail or mail order
Additional Rx Inforn	nation				
Free preventive drug lists	Affordable Care Act (ACA) Free Preventive Drug Coverage	Affordable Care Act (ACA) Free Preventive Drug Coverage	Affordable Care Act (ACA) Free Preventive Drug Coverage and the extended list of ABC Free Preventive Prescriptions; These are FREE before you pay your deductible	Affordable Care Act (ACA) Free Preventive Drug Coverage and the extended list of ABC Free Preventive Prescriptions; These are FREE before you pay your deductible	Affordable Care Act (ACA) Free Preventive Drug Coverage and the extended list of ABC Free Preventive Prescriptions; These are FREE before you pay your deductible

~ The MESSA ABC Plan 1 deductible is subject to change each Jan. 1 to remain HSA-compatible according to IRS rules governing HSAs.

If you have any questions, please contact your MESSA Field Representative, Heather Scott, at 800.292.4910.

Information on this document is a general overview. Refer to MESSA.org and the plan booklets for additional information.

	Dental - RASPA 145H - MESSA												
2023 Dental Cost Sh	edical		Single	Т	wo Person		Full Family						
Hours Per Day	District % of Copay	Employee % of Copay	\$	Monthly Premium 42.86 E	\$ mple	Monthly Premium 78.43 Dyee Cost Shar	\$ re	Monthly Premium 139.38					
Employees receiving district dental insurance, or employed by the district in any capacity, after June 1, 2010, will share in the cost accordingly:													
8 hours (5 days/week)	85.00%	15.00%	\$	6.43	\$	11.76	\$	20.91					
<8, but >6 (5 days/week)	67.00%	33.00%	\$	14.14	\$	25.88	\$	46.00					
6 or less, but at least 5 (5 days/week)	45.00%	55.00%	\$	23.57	\$	43.14	\$	76.66					
Grandfathered: Employees receiving district dental insurance, or employed by the district in any capacity, as of June 1, 2010, are grandfathered under contribution rates effective the 2004-2007 contract and will share in the cost accordingly:													
6 but less than 8 (5 days/week)	82.00%	18.00%	\$	7.71	\$	14.12	\$	25.09					
5 but less than 6 (5 days/week)	60.00%	40.00%	\$	17.14	\$	31.37	\$	55.75					

	Dental - RASPA 145H - MESSA												
2023 Dental Cost Sha	2023 Dental Cost Share without Medical							Full Family					
Hours Per Day	District % of Copay	Employee % of Copay	\$	Monthly Premium 44.37 E	\$ Iam	Monthly Premium \$ 84.42 pployee Cost Share		Monthly Premium \$ 156.79					
Employees receiving district dental insurance, or employed by the district in any capacity, after June 1, 2010, will share in the cost accordingly:													
8 hours (5 days/week)	85.00%	15.00%	\$	6.66	\$	12.66	\$	23.52					
<8, but >6 (5 days/week)	67.00%	33.00%	\$	14.64	\$	27.86	\$	51.74					
6 or less, but at least 5 (5 days/week)	45.00%	55.00%	\$	24.40	\$	46.43	\$	86.23					
Grandfathered: Employees receiving district dental insurance, or employed by the district in any capacity, as of June 1, 2010, are grandfathered under contribution rates effective the 2004-2007 contract and will share in the cost accordingly:													
6 but less than 8 (5 days/week)	82.00%	18.00%	\$	7.99	\$	15.20	\$	28.22					
5 but less than 6 (5 days/week)	60.00%	40.00%	\$	17.75	\$	33.77	\$	62.72					



Effective Date: 01/01/2023

MESSA Account: Romeo Community Schools

Employee Group: 145H RASPA (Assistants Suppt Pers.)

#### Group/Subgroup: 06319-0029 with medical

MESSA dental plans are underwritten and administered by Delta Dental of Michigan, a non-profit dental care corporation known for its high quality dental programs. Delta Dental contracts with dentists throughout the U.S. to provide high quality care and 90% of Michigan dentists are in the Delta Dental provider network. MESSA members can easily locate Delta Dental contracting providers by visiting **www.messa.org** and using the provider directory search provided by Delta Dental.

Plan Features			
Diagnostic & Preventive Services 80%	Basic Services 80%	Major Services 80%	Orthodontics 80%
<ul> <li>Oral Examination</li> <li>Prophylaxes</li> <li>Topical Fluoride*</li> <li>Brush Biopsy</li> <li>Emergency Pallative</li> <li>2 Cleanings in 12 Months</li> <li>* Fluoride treatments are payable twice in any period of 12 consecutive months for people up to age 19.</li> <li>Rider (If neither box below is checked, you do not have this coverage.) 3 Cleanings in 12 Months 4 Cleanings in 12 Months</li></ul>	<ul> <li>Radiographs (x-rays)*</li> <li>Restorative</li> <li>Crowns**</li> <li>Oral Surgery</li> <li>Endodontic Services — treatment for diseased or damaged nerves.</li> <li>Periodontic Services — treatment for diseases of the gum and teeth-supporting structures.</li> <li>* Bitewing x-rays are payable once in any period of 12 consecutive months. Full mouth panograph is payable once in 5 years.</li> <li>** Payable once in any 5-year period on the same tooth.</li> <li>Rider (If the box below is not checked, you do not have this coverage.)</li> <li>Sealants: payable on occlusal surface of first permanent molars for patients up to age 9 and for second permanent molars for patients up to age 14 that are free from caries and restorations.</li> </ul>	<ul> <li>Procedures for the construction of fixed bridgework, enosteal implants, partial and complete dentures.</li> <li>Payable once in any 5-year period for the same appliances.</li> </ul>	<ul> <li>Necessary treatment and procedures required for the correction of abnormal bite.</li> <li>Orthodontic exam, radiographs and extractions are covered under Diagnostic &amp; Preventive Services and Basic Services.</li> <li>Rider         <ul> <li>(If the box below is not checked, you do not have this coverage.)</li> <li>Adult orthodontics: removes the age 19 restriction on Orthodontics coverage.</li> </ul> </li> </ul>
\$1,000 annual maximum per person Diagnostic & Preventive Services, Basic	Services, and Major Services		\$1,300 lifetime maximum per person Orthodontics

For a complete listing of exclusions and limitations that apply to the plan, refer to the Delta Dental of Michigan certificate booklet.



Effective Date: 01/01/2023

MESSA Account: Romeo Community Schools

Employee Group: 145H RASPA (Assistants Suppt Pers.)

#### Group/Subgroup: 06319-0030 without medical

MESSA dental plans are underwritten and administered by Delta Dental of Michigan, a non-profit dental care corporation known for its high quality dental programs. Delta Dental contracts with dentists throughout the U.S. to provide high quality care and 90% of Michigan dentists are in the Delta Dental provider network. MESSA members can easily locate Delta Dental contracting providers by visiting **www.messa.org** and using the provider directory search provided by Delta Dental.

Plan Features			
Diagnostic & Preventive Services 100%	Basic Services 90%	Major Services 90%	Orthodontics 90%
<ul> <li>Oral Examination</li> <li>Prophylaxes</li> <li>Topical Fluoride*</li> <li>Brush Biopsy</li> <li>Emergency Pallative</li> <li>2 Cleanings in 12 Months</li> <li>* Fluoride treatments are payable twice in any period of 12 consecutive months for people up to age 19.</li> <li>Rider (If neither box below is checked, you do not have this coverage.) 3 Cleanings in 12 Months 4 Cleanings in 12 Months </li> </ul>	<ul> <li>Radiographs (x-rays)*</li> <li>Restorative</li> <li>Crowns**</li> <li>Oral Surgery</li> <li>Endodontic Services — treatment for diseased or damaged nerves.</li> <li>Periodontic Services — treatment for diseases of the gum and teeth-supporting structures.</li> <li>* Bitewing x-rays are payable once in any period of 12 consecutive months. Full mouth panograph is payable once in 5 years.</li> <li>** Payable once in any 5-year period on the same tooth.</li> <li>Rider (If the box below is not checked, you do not have this coverage.)</li> <li>Sealants: payable on occlusal surface of first permanent molars for patients up to age 9 and for second permanent molars for patients up to age 14 that are free from caries and restorations.</li> </ul>	<ul> <li>Procedures for the construction of fixed bridgework, enosteal implants, partial and complete dentures.</li> <li>Payable once in any 5-year period for the same appliances.</li> </ul>	<ul> <li>Necessary treatment and procedures required for the correction of abnormal bite.</li> <li>Orthodontic exam, radiographs and extractions are covered under Diagnostic &amp; Preventive Services and Basic Services.</li> <li>Rider (If the box below is not checked, you do not have this coverage.)</li> <li>Adult orthodontics: removes the age 19 restriction on Orthodontics coverage.</li> </ul>
\$1,000 annual maximum per person Diagnostic & Preventive Services, Basic	Services, and Major Services		<b>\$1,500</b> lifetime maximum per person <b>Orthodontics</b>

For a complete listing of exclusions and limitations that apply to the plan, refer to the Delta Dental of Michigan certificate booklet.

	Vision - RASPA 145H -MESSA											
2023 Vision Cos	Single		т	wo Person	Full Family							
Hours Per Day	District % of Copay	Employee % of Copay		Monthly Premium 7.32	\$	Monthly Premium 15.70						
Employees receiving district dental insurance, or employed by the district in any capacity, after June 1, 2010, will share in the cost accordingly:												
8 Hours (5 days/week)	85.00%	15.00%	\$	1.10	\$	2.36	\$	3.54				
<8, but >6 (5 days/week)	67.00%	33.00%	\$	2.42	\$	5.18	\$	7.78				
6 or less, but at least 5 (5 days/week)	45.00%	55.00%	\$	4.03	\$	8.64	\$	12.97				
Grandfathered: Employees receiving district dental insurance, or employed by the district in any capacity, as of June 1, 2010, are grandfathered under contribution rates effective the 2004-2007 contract and will share in the cost accordingly:												
6 but less than 8 (5 days/week)	82.00%	18.00%	\$	1.32	\$	2.83	\$	4.25				
5 but less than 6 (5 days/week)	60.00%	40.00%	\$	2.93	\$	6.28	\$	9.44				

## VSP 3 G Benefits

#### Effective Date: 1/1/2023



Most eye doctors are in VSP's Signature network. Staying in-network makes sure you get the most value from your benefits and limits your out-of-pocket costs. In-network doctors bill VSP directly as a convenience to you. A directory of Signature network doctors is available at messa.org/vision or www.vsp.com. Call VSP member services at 800.877.7195 for assistance.

#### Out-of-network providers (Maximum reimbursement to patient)

If you choose to see a doctor who is not in the VSP Signature network, your out-of-pocket costs will likely be higher and you must submit the itemized receipts to VSP for reimbursement. For more information, visit www.vsp.com or call VSP member services at 800.877.7195.

Benefit	In-network provider	Out-of-network provider maximum allowance
Examination		
Optometrist Ophthalmologist	No copayment No copayment	\$35 \$45
Contact lenses (includes examination)		
Elective lenses to improve vision	\$135 allowance	\$115
Medically necessary - to correct keratoconus, irregular astigmatism, irregular corneal curvature or vision to 20/70 in the better eye	MESSA pays 100% of the approved amount	\$200
Eyeglass frames	\$130 allowance	\$55
Eyeglass lenses		
Single vision Bifocal Trifocal Lenticular	MESSA pays 100% of the approved amount	\$38 \$60 \$72 \$108
Eyeglass lens enhancements		
Rose #1 or #2 tint Rimless Oversize Blended Photochromic	MESSA pays 100% of the approved amount	Member must pay the difference between the approved amount and the provider charge
Progressive	Not covered	-
Tinted		
Single vision Bifocal Trifocal Lenticular	MESSA pays 100% of the approved amount	\$42 \$70 \$84 \$118
Polarized		
Single vision Bifocal Trifocal Lenticular	MESSA pays 100% of the approved amount	\$56 \$90 \$110 \$138

## 1475 Kendale Blvd. PO Box 2560 East Lansing, Michiga 48826-2560 517.332.2581 • 800.292.4910

## **Health Savings Accounts**

Health savings accounts (HSAs) are a great way to save money and budget for qualified medical expenses. HSAs are tax-advantaged savings accounts that accompany high-deductible health plans such as the MESSA ABC Plan(s) offered. High deductible health plans (HDHPs) offer lower monthly premiums in exchange for a higher deductible (the amount you pay before insurance kicks in). RCS uses **Health Equity** as the HSA Administrator.

#### What are the benefits of an HSA?

There are many benefits of using an HSA, including the following:

- **It saves you money.** HDHPs have lower monthly premiums, meaning less money is being taken out of your paycheck.
- It is portable. The money in your HSA is carried over from year to year and is yours to keep, even if you leave the company.
- It is a tax-saver—HSA contributions are made with pre-tax dollars. Since your taxable income is decreased by your contributions, you'll pay less in taxes.

The maximum amount that you can contribute to an HSA in **2023** is \$3,850 for individual coverage and \$7,750 for family coverage. Additionally, if you are age 55 or older, you may make an additional "catchup" contribution of \$1,000. You may change your contribution amount at any time throughout the year as long as you don't exceed the annual maximum.

Only employees enrolled in any of the MESSA high deductible ABC Medical Plans are eligible to participate in the HSA.

#### HSA Example:

Justin is a healthy 28-year-old single man who contributes \$1,000 each year to his HSA. His plan's annual deductible is \$1,500 for individual coverage. Here is a look at the first two years of Justin's HSA plan, assuming the use of in-network providers. (This example only includes HSA contribution amounts and does not reflect any investment earnings.)

Year 1		
HSA Balance	\$1,000	
Total Expenses: - Prescription drugs: \$150	(-\$150)	
HSA Rollover to Year 2	\$850	
Since Justin did not spend all of his HSA dol not need to pay any additional amounts ou this year.		

Year 2	
HSA Balance	\$1,850
Total Expenses: - Office visits: \$100 - Prescription drugs: \$200 - Preventive care services: \$0 (covered by insurance)	(-\$300)
HSA Rollover to Year 3	\$1,550
Once again, since Justin did not spend all o dollars, he did not need to pay any additiona	

out-of-pocket this year.

## **Flexible Spending Accounts**

Paying for health care can be stressful. That's why RCS offers an employer-sponsored flexible spending account (FSA) administered by **MESSA OptionALL**. Two types of FSA's are available through OptionALL: Health Reimbursement FSA and Dependent Care FSA.

#### What are the benefits of an FSA?

There are a variety of different benefits of using an FSA, including the following:

- **It saves you money**. Allows you put aside money tax-free that can be used for qualified medical expenses.
- **It's a tax-saver**. Since your taxable income is decreased by your contributions, you'll pay less in taxes.
- It is flexible. You can use your FSA funds at any time, even if it's the beginning of the year.

You cannot stockpile money in your FSA. If you do not use it, you lose it. You should only contribute the amount of money you expect to pay out of pocket that year.

#### Health Reimbursement FSA

Health Reimbursement FSAs allow you to contribute pre-tax dollars to qualified health care. The maximum amount you may contribute each year is \$3,050.

Employees enrolled in any of the MESSA medical, dental, or vision plans are eligible to participate in the FSA, however, those enrolled in MESSA's high deductible ABC Medical Plans, have the option of enrolling in either the FSA or HSA plan, <u>not both</u>.

#### **Dependent care FSA?**

Dependent Care FSAs allow you to contribute pre-tax dollars to qualified dependent care. The maximum amount you may contribute each year is \$5,000.

#### FSA Example:

FSAs provide you with an important tax advantage that can help you pay for health care expenses on a pretax basis. Due to the personal tax savings you incur, your spendable income will increase. The example that follows illustrates how an FSA can save money.

Bob and Jane have a combined annual gross income of \$45,000 and expect to spend \$3,000 in eligible medical expenses in the plan year. They decide to direct a total of \$2,750 into their FSAs..

	Without FSA	With FSA
Gross income	\$45,000	\$45,000
FSA contributions	\$0	(-\$2,750)
Gross income	\$45,000	\$42,250
Estimated taxes	(-\$5,532)*	(-\$4,999)*
After-tax earnings	\$39,468	\$37,251
Eligible out-of-pocket expenses	(-\$3,000)	(-\$400)
Remaining spendable income	\$36,468	\$36,851
Spendable income increase		\$383

## HSA vs. FSA What's the difference?

	HSA	FSA
	Health savings account	Flexible spending account
What is it?	Tax-advantaged account owned by employee that allows the account holder to save and pay for qualified medical expenses	Tax-advantaged account owned by employer that allows employee to pay for qualified medical expenses
Who is eligible?	Individuals covered by a high- deductible health plan (HDHP) and who don't have other, non-HDHP coverage	Any employee, subject to employer- designed exclusions
Who can fund it?	<ul> <li>Individual</li> <li>Employee via payroll deduction</li> <li>Employer</li> </ul>	<ul> <li>Employee via payroll deduction</li> <li>Employer</li> </ul>
Maximum annual contribution in 2023	<ul> <li>Individual -\$3,850</li> <li>Family – \$7,750</li> <li>(Annual limit is subject to change according to IRS rules)</li> </ul>	<ul> <li>\$3,050</li> <li>(Annual limit is subject to change according to IRS rules)</li> </ul>
Catch-up contributions?	Yes, ages 55 and older until they are enrolled in Medicare at age 65 – \$1,000	No
ls contribution amount adjustable?	Yes	No, unless there is a qualifying life event and the plan document allows for such a change.
Year-over-year carryover of unused funds?	Yes. An HSA is a savings tool. If you don't spend the money during the calendar year, it rolls over to the next year.	No, funds are forfeited to the employer at the end of the year unless the plan document allows for a carryover up to \$610 or has been amended to provide a carryover of all or part of the unused amounts to the 2023 plan year
Interest and earnings?	Yes	No
Is personal health information private?	Yes, employees do not need to disclose private health information to their employer or HSA administrator to get reimbursed.	No, employee has to provide explanation of expenses to employer and/or FSA administrator to get reimbursed.
Investment options?	Yes	No
Portability?	Yes, the employee owns the account and can use it in retirement or if they change employers.	No
If I close my account, can I receive any remaining balance?	Yes, if the employee is age 65 or older, they may close the account and receive any remaining balance without penalties, subject to taxes.	No
Can I pay COBRA premiums or other plan premiums with it?	Yes	No

## **Additional Benefit Offerings**

Employees and dependents enrolled in any of the MESSA medical plans offered are also eligible for the following programs and health resources at no cost:

- Experian Identity Theft and Credit Protection
- NurseLine access 24 hours/7 days a week (1-800-414-2014)
- Livongo Diabetes Management
- MESSA Case Management Programs for most common chronic illnesses:
  - o Asthma Case Management Program
  - o Diabetes Case Management Program
  - Cardiovascular Case Management Program
  - o Medical Case Management Program
- MESSA Wellness Tools
- Blue365 premier health & wellness discounts

The list above is not all inclusive. All MESSA programs and health resources available to MESSA medical plan enrollees can be found on MESSA's website at <u>www.messa.org</u>.

## **MESSA Gives You Options**

All RCS employees are eligible to enroll or participate in MESSA's variable option plans (voluntary plans) at a minimal cost to the employee.

- Group Supplemental Term Life Insurance
- Group Survivor Income Insurance
- Group Dependent Life Insurance
- Group Short Term Disability Income Insurance
- Group Long Term Disability Income Insurance
- Indemnity Plans (Critical Illness Coverage, Hospital Indemnity Coverage, Accident Coverage)

A summary of the MESSA Variable Option Plans and Rates for those plans can be found at:

https://www.messa.org/pdf/messa gives you options.pdf

# User Guide Open Enrollment





#### Accessing MESSA's Online Benefits Website

 Once logged in to your account, click on the "Online benefits website" link in the box on the left side of the screen. (If you do not see this link, logout and log back in and it will appear.)

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HSA balance:	Vienal Balketbe Ca	Ameunt billed \$530.11	MISSA Prenklet sevings	MESSA payment	Destuctible	Copayment/ coinsurance

You will receive a pop-up letting you know that you are going to another website.

- Click "Continue".
- This will take you directly to MESSA's Online Benefits Website.

You Are Going to Another Website	
You are going to a website that is not a different privacy policy and level of sec does not endorse, guarantee or monito products or services that are offered o	curity. MESSA is not responsible for and or content, availability, viewpaints,
If you are logged in to our secure area you are visiting another website.	s, your secure session may time out while
	Cancel

#### **Electing Your MESSA Benefits**

Step 1 - Click "Make Open Enrollment Elections"



Step 2 - Demographics

- Review your Demographic Information and make any necessary updates.
- When finished, click the "I agree" box and click "Continue".

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#### Step 3 - Family Information

- Review/add/edit your Family Information.
- When finished, click the "I agree" box and click "Continue".

Family Information	on			
been entered, click on the pers Note: If you or any of your fam MESSA Group Services at 068	on's name. ity members have a foreign (non-U -068-4167.	To verify or edit the information of a far SA issued) SSN, please contact your B lease do not use the	enefits Administrator or	Your Info     Employee Information     Family Info     Your Benefits     Enroll     Complete
Adam Tests Male Employee 35 years old (1/1/1985) SEM. 000-87-1111	Sally Tests Female Spouse 35 yours old (1/1/1023) DSN: 889-77-5765	Chloe Tests Female Daughter 4 years old (1/1/2016) 0514: 444-65-3333	Add Dependents	Continue

#### Dependent Information Notice

If you are covered, your eligible dependents include:

- Your spouse
- Your children (including stepchildren, adopted children, and children for whom you are legal guardian; however, foster children are
  not included) until a maximum of the end of the calendar year of their 26th birthday.

NOTE: Your child's spouse and your grandchildren are not covered under this plan.

- Your children beyond the end of the calendar year of their 26th birthday (if covered under this program at the end of the calendar
  year of their 26th birthday and continuously thereafter) who are developmentally disabled or physically handicapped, dependent
  upon you for a majority of their support and who are incapable of self-sustaining employment by reason of their developmental
  disability or physical handicap. (Under no circumstance will mental illness be considered a cause of incapacity nor will it be
  considered as a basis for continued coverage.) Please contact MESSA to obtain the appropriate form to continue coverage.
- Your children beyond the end of the calendar year of their 26th birthday (if covered under this program at the end of the calendar year of their 26th birthday and continuously thereafter) who are full-time students and dependent on you for a majority of their support.
- Your sponsored dependents who are members of your family, either by blood or marriage, who qualify as your dependents under the Internal Revenue Code, were declared as dependents on your federal tax return for the preceding tax year and are continuing in that status for the current tax year. (Children who are no longer eligible for coverage as dependent children cannot be covered as sponsored dependents.)



#### Step 4 - Electing Benefits

	are now eligible to enroll in your benefits. Be sure ming your enrollment.	to add any eligible dependents in the Family Information section prior to
MES	SA is not responsible for the costs shown.	
•	Medical	NO PLAN SELECTE
	* Selection Required	I don't want this benefit (waive) View Plan Options

- To cover a dependent, check the box next to their name and click continue.
- To remove a dependent, uncheck the box next to their name.
- Click "Continue".

Who will be covere	ed by this pla	IN COVE	red	
Adam Tests Employee	Sally Tests Sporse	Chloe Tests Daughter	Add Dependents	
Back to Benefits				Continue

 Select the benefit plan by clicking "Select". When finished electing all benefits, click "Continue" on the righthand side.

Adem Tests (broken)  Adem Tests (broken)  Adem Tests (broken)  Add Dependents  View All Plans Side-by-Side		Your Info     Your Benefits     Envoli     Complete
MESSA ABC Plan 1 the cross the sheld of Mohigan Yew plan deads Plan Brachure	Vear Cost per month \$0, D0 * Tex Employee + Dependent Select	Your Cost \$0.00 per month \$0.00 Physiked selecting benefits? Click the button below to continue.
MESSA Choices \$2,000/\$4,000 deductible w/20% coinsurance, Saver Rx Bue Coss Blue Shield of Michigan () PPO Wew planderals I Planderals	Voar Coal per month: \$0:00 ~ Tar Englope - Ospendere Select	Continue Not ready to complete your benefits enrollment? No problem, you can click the batton below to save your progress and return late. Save and Finish Later

#### Step 5 - Beneficiaries

- It's recommended that you designate at least one primary beneficiary.
  - Dependents will automatically appear, however, you may "Add New Beneficiary" if you'd like to designate someone other than a dependent.
  - o Percentage total must equal 100%.
  - When finished click "Continue".

Basic Term Li	fe			P	Yeur Info	
				•	Your Denefits	
Please choo	Please choose your beneficiaries				Erroll	
Primary Benefic	Primary Beneficiaries				Beneficiaries	
	If you list your estate as beneficiary, the proceeds will go through probate. Probate is the process by which a court verifies estate funds and property are distributed to the correct beneficiaries.				Other Covera	ges
Nerve	me Percentage				Review and C	onfirm
My Estate (Employe	e)		N		Complete	
Sally Tests (Speese		100	S	Va	ur Cost	44.44
Chice Tests (Dough	ter)		5		nonth	\$0.00
· ·	ficiary ry Beneficiaries (optio	· · /	s		Continue	
Name		Percensage	carries and that the following month.			
My Estate (Employe	a)		N			
Sally Texts (Spouse			N			
Childe Tests (Daugh	tet)	100	s			
	Total:	100.0000	<b>v</b>			

Step 6 - Other Medical Insurance

- If you and/or a dependent are enrolled in MESSA medical coverage and have other medical coverage, you will be
  required to enter information about the other coverage.
- Click "Yes" next to "Current or Prior Coverages" and enter the following information.
- Once you have entered the information, click "Save".
- If you do not have other medical coverage, keep "Current or Prior Coverages" as "No" and click "Continue".

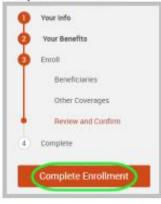
Medical			Your Info	
Adam Tests (Employee)		<b>Y</b>	Tour mile	
Other Medical Insurance Covera	pe.		Your Benefits	
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Policyholder Name		9	Enroll	
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Policyholders Employer Phone	2222-222-222			
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Coverage Start Date	rnmzddżygy	4	Complete	
Coverage End Date	mm/dd/ygy			
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Coverage Level	•		our Cost r month	\$0.00
Additional Info				
			Continu	10 I
Save			Continu	2
Sane				

#### Step 7 - Review and Confirm

 Now that you have elected all of your benefits, review your selections and scroll to the bottom of the page to view the "Participation" statement. Check the "I agree, and I'm finished with my enrollment" box.

Review and	Confirm						
Grice you have o		new, click the	"Complete Environ	rn" badten at the right sale of the			
PROCESSION OF THE	an-investion			Taur Total Cost \$0.00	Once You've Reviewed All Your Selections:		
and a second second	Medical <sup>a</sup>		Name and South	I finally acknowledge (files read the statements contained livers, or they have been read to real, and the statements are and complete to the best of my knowledge. Lunderstand any mosparserstation or omission contained herein may be use reduce where a claim air word the contact if each misurpresentation or amission afferts accessance of the risk. Thereby			
MESSA ABC Plan 1 module memory attempts Unit Date of the Memory State of the Memory St				COP (many Parket)	Induced deep a can a manufactor control of social manufactorial and an anticial acceptance of the risk. Taketay in the barrier for which is which it and presently registed, or for which it may be create registed, and on the young participation of the social and the deductions for the coverages listed above are required. I authorize such deductions from my semings and i understand that any premisers will be automatically deducted from my paycheck on a previous basis (if eligible) and mys an additional such declination electron.		
	te i coesti ve dei yan				Contribution the dependence land satisfy the eligibility others for group beceff coverage. Hence that I are responsible for		
index Text		Fasture	0		recentry that the argendents later usually the exposity correcting that period become coverage. Tended that Little because for vertexing any encoded dependent immediately when that period becomes ineligible, and that Little be required to provide		
indy free		Taxan .	0-		proof of my dependent's eligibility		
These Test		Ingen	0 In 1000p		Diagree, and I'm finished with my enrolment		

On the right side of the screen click "Complete Enrollment".



#### Step 8 - Confirmation Statement

You may view, email, or print your confirmation statement.

	Your enrollment is complete!					
	You may make changes to your elections unit. March 21, 2020					
	Please view your enrollment confirmation statement and verify that your selections are correct.					
	Click the "Print" button to print a copy of your enrollment confirmation statement for your records, click "Email" to email yourself a copy of the statement. If yo would like to make changes to your enrollment selection, click the "Edit Selection" button located under each plan.					
	MESSA is not responsible for the costs shown.					
	Your Confirmation Statement is ready	🔹 VIEW 🔤 EMAIL 🔤 PRIN				
	Your Conflumation Statement is an overview of your new benefits and costs for your review and records.					

REMINDER: All benefit elections must be accepted by your Benefits Administrator.

# Enrollment Forms



## **Health Benefit Opt Out**

#### Group ID 145 (All Groups) For the period from January 1, 2023 – December 31, 2023

I elect to forgo participating in health care coverage offered by Romeo Community Schools. Depending on current contract language, I agree that in lieu of health care coverage, I will receive a monthly stipend incentive. I further understand that the stipend incentive amount will be paid monthly in the first pay of the month and added to my taxable wages.

If I am employed less than full time, I acknowledge that the stipend will be prorated in proportion to the percentage equivalent to my employment status (i.e., 80%, 50%, etc.) and current contract language.

Selection and enrollment in the Opt Out program after the first of the month, will result in the payment of the Opt Out stipend beginning with the following month payable in first pay of that month. If eligible for non-medical coverage (Dental, Vision, Life & LTD), complete the necessary online enrollment. Contact the Employee Compensation Coordinator information regarding the MESSA online benefits enrollment.

I hereby acknowledge that I am covered by other health coverage with:

Carrier Name:	Subscriber Name:
Policy/Contract Number:	Group Number:
Medical Insurance Effective Date:	
(A photocopy of insurance card must be	e attached to this form.)
within 30 days of my current coverage bein	lection except, during the normal Open Enrollment dates, ng cancelled, life status change, or as approved by the carrier. Il be according to the current contract language.
Effective Date:	Print Name:
Signature:	Date:
Return form and attachment via sca	n to:
Romeo Community Schools –	Business Services Department
Employee Compensation Coor	rdinator
employeebenefits@romeok12	lorg

#### **BUSINESS SERVICES OFFICE**

316 North Main Street • Romeo, Michigan 48065 | www.romeok12.org | (586) 752-0220 • Fax (586) 752-0227